

I. IMPORTANT NOTIFICATIONS

DO NOT SKIP THIS SECTION !

1. Important Warnings

Like running and cycling, riding the ElliptiGO bike involves a real risk of serious injury, maiming and death. Each time you ride the ElliptiGO bike, you are assuming this risk. We cannot stress enough how important it is to wear a helmet and proper clothing, know and follow the rules of the road, ensure your ElliptiGO bike is in good working order before and during your ride, and to use caution when riding. One of the best things you can do to help minimize your risk of injury when riding the ElliptiGO bike is to read and understand the contents of this Manual and then become familiar with the operation and maintenance of the ElliptiGO bike before you head out on the road.*

To highlight some of the most important safety concerns, this Manual contains many “Warnings”, “Cautions” and “Alerts” which are set out conspicuously in the Manual.

Safety Warning

The following symbol: **▲ WARNING!** (the safety designator together with the word WARNING!), calls attention to a potential hazard that, if not properly addressed or avoided, could cause serious injury or death.

Safety Caution

The following symbol: **▲ CAUTION!** (the safety designator together with the word CAUTION!), calls attention to a potential hazard that, if not properly addressed or avoided, could cause property damage or an injury.

Damage Alert

The designation **ALERT!** calls attention to a situation which, if not properly addressed or avoided, could cause serious damage to your ElliptiGO bike and/or void your warranty.

As you will see, most of the Safety Warnings and Cautions contained in this Manual relate to conditions that could result in the rider losing control of the ElliptiGO bike and suffering a fall. Every fall, regardless of the associated speed or cause, can result in serious injury or death for the rider, and injury to bystanders and property. As a result, a warning that indicates the rider may lose control and fall if a situation is not properly addressed or avoided may not also state that the resulting fall can cause serious injury or death. You should understand that this fact is always implied by the possibility of falling.

* It is impossible to cover all potentially hazardous situations that could arise when riding the ElliptiGO bike in a manual or otherwise. As a result, we cannot provide guidance on how to safely ride the ElliptiGO bike in every condition. There are many unpredictable and unavoidable risks that accompany riding the ElliptiGO bike for which the rider assumes responsibility.